



The 7 Habits for Success

1. There is no magic
 - 1.1. You have to sacrifice something
2. Build good habits
 - 2.1. Good habits = Success
 - 2.2. Bad Habits = Failure
3. Any action is better than no action
4. Work first. Reward second
 - 4.1. Work has to come first and then it's followed by the reward. It cannot be the other way around.
5. Control the devil in your head
 - 5.1. Be disciplined. Do what you know is right.
6. Make your health a priority at all costs
 - 6.1. You only have one body, take care of it.
7. Deadlines for EVERYTHING
 - 7.1. You have to have deadlines to get stuff done.